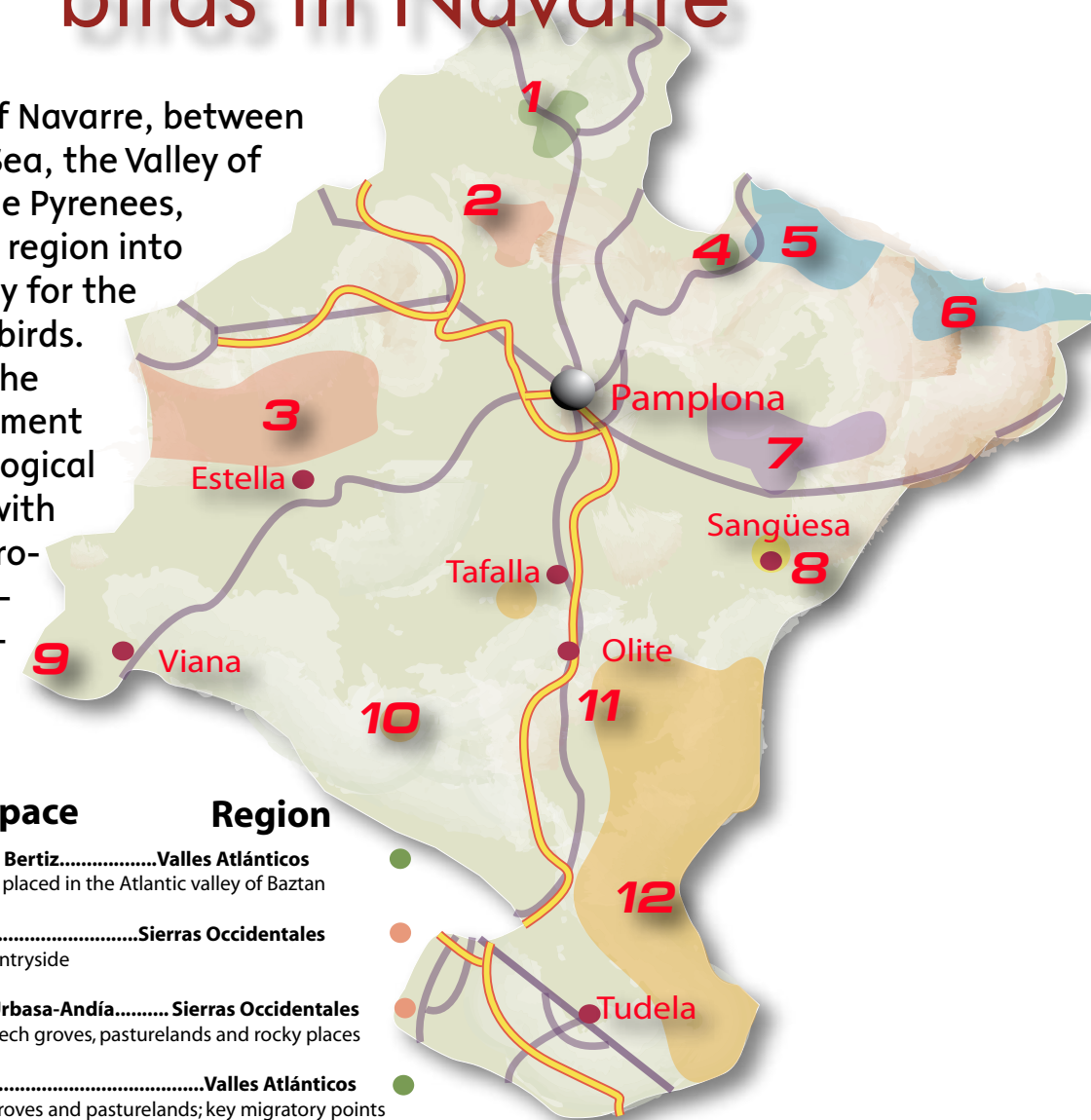


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12 paradises to observe birds in Navarra

The situation of Navarra, between the Cantabria Sea, the Valley of the Ebro and the Pyrenees, turns this small region into a superb destiny for the observation of birds. The efforts of the Navarre Government for the ornithological tourism count with a wide net of professional services and information points.



Natural Space

Region

1. Natural Park Señorío de Bertiz.....Valles Atlánticos
Oak and beech trees' forests placed in the Atlantic valley of Baztan
2. Natural Park Ultzama.....Sierras Occidentales
Oak groves and Atlantic countryside
3. Natural Park Sierra de Urbasa-Andía..... Sierras Occidentales
Mountain range with big beech groves, pasturelands and rocky places
4. Lindux- Ibañeta.....Valles Atlánticos
Mountain hills with beech groves and pasturelands; key migratory points
5. Irati- Abodi.....Pirineo
Mountains with beech groves and pasturelands
6. Belagua.....Pirineo
Alpine mountain zone with white pine, beech and lack pine groves, pasturelands and rocky places
7. Natural Reserve Foces de Lumbier y Arbayún....Prepirineo
Great rocky canyons and Mediterranean forest zones
8. Sangüesa Region.....Zona Media
Fluvial valley and low hillsides with Mediterranean vegetation
9. Natural Reserve Embalse de las Cañas.....Ribera
Lagoons of open water lagoons and marsh vegetation
10. Sotos del Arga.....Ribera
Mediterranean and closed fluvial groves of Arga river
11. Natural Reserve Laguna de Pitillas.....Ribera
Endorreic lagoon placed in steppe environment
12. Natural Park Bárdenas Reales.....Ribera
Steppe prairies with muddy cuts and rests of Mediterranean pine forests

NAVARRA

In the previous page: La foz de Lumbier, cut by the river Iratí. The canyon holds an important colony of griffon vulture. In the urban area of the pre-Pyrenean town of Lumbier you can visit an interesting Interpretation Center where the traveler shall find detailed information about the species of the zone.





Accommodations, excursions and guides are proposals brought together by the quality brand Birding Navarra

info

Turismo de Navarra

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www.turismo.navarra.es

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Ornithological Information Points

Centro de Interpretación de

"Las Foces", en Lumbier

Tel. +34 948 880 874

cinlumbi@cfnavarra.es

Centro de Interpretación de la

Naturaleza de Ochagavía

Tel. +34 948 890 641

oit.ochagavia@cfnavarra.es

Centro de Interpretación de la

Naturaleza de Roncal

Tel. +34 948 475 256

oit.roncal@cfnavarra.es

Área Natural Recreativa del

Bosque de Orgi, en Lizaso

(Ultzama)

Tel. +34 948 305 300

Observatorio de "El Bórdón",

en Viana

Tel. +34 696 830 898

Observatorio de la

Laguna de Pitillas

www.lagunadepitillas.org

Tel. +34 619 463 450



Atlantic, Mediterranean and Alpine. The geographical and climatologic conditions of Navarre make it a destiny of contrasted landscapes and varied fauna and flora which offers excellent conditions for the observation of birds.

From the damp valleys of the north to the steppe landscapes of the Ribera del Ebro, travelers shall discover in this small territory very different habitats: leafy oak and beech groves, rocky canyons, countryside and grasslands, Mediterranean forest...

The peculiar relief of the region and this richness of natural spaces explain the great variety of registered species in the 10,000 square kilometers of extension of the Reyno: more than 310. The lammergeier, the pin-tailed sandgrouse,

the bearded tit or the black woodpecker are some of the regular occupants of this natural paradise which ornithological tourism lovers can't miss.

Indeed for them, a series of recommended places have been selected and qualified all along the region, which bring together a great number of species easy to observe. The Natural Park of Señorío de Bertiz, the Oak Groves of Ultzama, the Natural park of the Sierra de Urbasa-Andia, Lindux-Ibañeta, Iratí-Abodi, Belagua, the Natural Reserves of the Foces de Lumbier y Arbayun, the Comarca de Sangüesa, the Natural reserve of the Reservoir of the Cañas, the Sotos del Arga, the Natural Reserve of the Lagoon of Pitillas and the Natural Park of the Bardenas Reales are the elected enclaves as indispensable

for the birdwatcher and between all of them they agglutinate almost the totality of registered species of the region.

There are six points of information in which traveler should stop. The Interpretation Center of 'Las Foces', in Lumbier, shall show the traveler through interactive activities the marvelous environment of canyons dug in the rock. The Nature Interpretation Center of Ochagavía and the Nature Interpretation Center of the Roncal, in two spots of uncommon beauty, introduce the traveler into the alpine nature of Navarre. The Orgi Forest is a compulsory stop to enjoy a magic walk between thousand-year-old oak trees. Finally, the observatories of El Bórdón and Viana give the chance to observe in all its magnitude the birds in the wetlands.

LANDSCAPES

From left to right: the Hayedo de Irati, home of the white-backed woodpecker. The night falls down over Bardenas Reales: stone-curlew, pin-tailed sandgrouse and dupont's lark live in this steppe landscape. A delightful Pyrenean landscape shows up from the fog of the Valcarlos Valley. There are in Navarre professional services with specialized offers for the ornithological tourist, in which quality service and environment respectful activities are guaranteed.

